

Modified Basketball Program Implementation

Game Format

- a. At the beginning of the 5 period game, each coach will submit copies of his/her roster forms, dividing the team equally into A and B squads, to the opposing coach and scorer's table. Once A and B players have been determined, no switch may be made for the entire game (except in case of injury, ejection, or foul disqualification which causes the number on one squad to fall below five players, in which case any player from the other squad may be substituted.)
- b. Squads will play each period as follows: 1st period A squad 2nd period B squad 3rd period A squad 4th period B squad 5th period Any player from either A or B who has not played in more than 2 quarters (i.e. the player who shifted squads due to the injury/disqualification rule.)
- c. In a five period game there will be 7 minute periods with 1 minute between periods. In a four period game there will be 7 minute periods with 1 minute between periods. Half time will always consist of a 5-minute break.
- d. Six time-outs per game are allowed.
- e. The 3-point shot is allowed. If your court does not have a 3pt. line it will not be used.
- f. Ten seconds in the backcourt is now allowed
- g. There shall be only one overtime period that is 4 minutes in length. There shall be two time-outs for that period with no carry over of time outs from the game. All players are eligible for the overtime period. If a tie exists at the end of the overtime period, the game will be a tie game.
- h. Bonus situation (free throws). The two shot rule will be enforced on the 5th team foul in each period; at the end of each period all team fouls will be eliminated. Team fouls are not to be continuous from period to period.
- i. The 28.5 basketball is to be used for girls only; boys use the 29.5 basketball.
- j. Halftime- is after the 2nd period, regardless of a 4 or 5 quarter game.